

Table 2. Growing Requirements, Propagation and Uses of Biennial and Perennial Herbs					
Common name/ Scientific name	Height	Spacing	Light Requirement	Propagation	Uses
Angelica <i>Angelica archangelica</i>	2 to 3'	3'	Partial shade	Grow from seed.	Stems raw or in salads; leaves in soups and stews; teas; crafts; closely resembles poisonous water hemlock.
Anise hyssop <i>Agastache foeniculum</i>	3 to 5'	12 to 24"	Sun, light shade	Grow from seed or division.	Attracts bees; edible flowers; leaves for flavoring or teas; crafts; seeds used in cookies, cakes, and muffins.
Artemisia <i>Artemisia spp.</i>	2 to 3'	24"	Sun, partial shade	Division.	Wreaths and other crafts; aromatic foliage.
Bee balm <i>Monarda didyma</i>	2 to 3'	12 to 15"	Sun, partial shade	Grow from seed or division; invasive rhizomes.	Attracts bees, butterflies, and hummingbirds; teas; flavors jellies, soups, stews, and fruit salads; edible flowers; dried flowers in crafts.
Burnet, salad <i>Poterium sanguisorba</i>	12"	18 to 24"	Sun, well-drained soil	Grow from seed or division.	Cucumber-flavored leaves used in salads, vinegar, butter, cottage cheese, and cream cheese; garnish.
Clary sage <i>Salvia sclarea</i>	5'	24"	Sun	Grow from seed; biennial.	Leaves in omelets, fritters, and stews; flavoring of beers and wines; oil.
Chamomile <i>Chamaemelum nobile</i>	2 to 8"	18"	Sun, partial shade; well-drained soil	Grow from seed, division, or stem cuttings.	Dried flowers for tea; potpourris; herb pillows.
Catnip <i>Neptea cataria</i>	3 to 4'	12 to 18"	Sun or shade	Grow from seed or division.	Teas; fragrance for cats.
Chives <i>Allium schoenoprasum</i>	12"	12"	Sun, partial shade	Grow from seed or division.	Edible flowers; leaves for flavoring, eggs, soups, salads, butter, cheese, dips, spreads, etc.
Comfrey <i>Symphythum officinale</i>	3 to 5'	3'	Sun	Grow from seed, cuttings, root division.	Safety of ingestion is highly questionable. Large, rambling plant; dyes, cosmetics.
Costmary <i>Chrysanthemum balsamita</i>	2 to 4'	12"	Sun, light shade	Division.	Garnish; fragrance.
Echinacea <i>Echinacea angustifolia</i>	1 to 2'	18"	Sun	Grow from seed or crown division.	Ornamental plant; used medicinally.
Fennel <i>Foeniculum vulgare</i>	4 to 5'	4 to 12"	Sun	Grow from seeds, difficult to transplant.	Entire plant edible; seeds in sausage and baked goods; leaves used with fish, vegetables, cheese spreads, and soups.
Feverfew <i>Tanacetum parthenium</i>	2 to 3'	12"	Sun, partial shade	Grow from seed or division.	Tea, crafts, dyes.
Geranium, scented <i>Pelargonium spp.</i>	12 to 24"	12 to 24"	Sun	Grow from stem cuttings.	Teas, potpourris, sachets, jellies, vinegars, desserts.
Germander <i>Teucrium chamaedrys</i>	10 to 12"	8 to 10"	Sun, partial shade	Slow to germinate from seed. Stem cuttings, layering, division.	Attracts bees, decorative plant.